

# Level 3 Coaching Apprenticeship

This course is for people in their first management roles, including team leaders and first-line managers. Coaching is becoming recognised as possibly the single most important method for individuals, teams and organisations to enhance their performance. It is an essential organisational tool for promoting a healthy work/life balance amongst employees, and as such is a crucial building block for personal and organisational development.

## Programme Content

The programme is run in the evenings over ten weeks and is comprised of eight, 2.5 hour sessions, followed by two 2.5 hour sessions of peer coaching supervision. As this programme focuses on developing and improving coaching practice, supervision sessions are an essential method of providing support and feedback to aspiring coaches.

Key programme themes:

- The coaching relationship
- Roles and responsibilities of the coach and coachee
- Analyse, assess and plan to improve own coaching ability
- Building a repertoire of effective communication skills
- Practicing the use of two coaching models

## Contact Us

Apprenticeship Team

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## Payment Breakdown

Contact for more info.

## Disclaimer

Whilst every effort is made to ensure that the information contained on this website is correct, the College accepts no liability for any errors or omissions. Please note that details are subject to change without notice with regard to the provision of courses, course times and dates and the fees and charges levied.

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